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## Neurology Department



The National Neuroscience Institute operates out of two main campuses (TTSH, SGH) and four partner hospitals (CGH, KKH, KTPH, SKH).



# Parkinson's Disease Community Programme

Brochure content serves as a guide only  
Seek the advice of your doctor for more details

Information correct as of April 2020



National  
Neuroscience Institute

SingHealth

## Parkinson's Disease (PD)

Parkinson's Disease (PD) is the second most common neurodegenerative disease in Singapore after Alzheimer's Disease, affecting three in every 1,000 people aged 50 and above.

PD patients require long-term treatment and as their movements are often limited, they benefit from community and home-based care.

## Community Care Partners Programme (CCPP)

Established in 2007, the Community Care Partners Programme (CCPP) aims to enhance care and support for PD patients by tapping on community healthcare facilities in Singapore.

It equips professionals providing intermediate and long term care (ILTC) services, and voluntary welfare organisations with the knowledge and skills to manage the unique needs of PD patients through training workshops and case discussions with NNI's multidisciplinary team.

With NNI's network of community care partners, patients and caregivers will have access to these services within their community:

- **Day rehabilitation**  
Rehabilitation services support patients in their journey towards improving motor ability.
- **Social day care**  
Patients participate in social and recreation activities eg. art and craft sessions at a day care centre, with their personal care needs being taken care of by a team e.g. bathing.  
  
Caregivers are also taught to manage the needs of patients.
- **Home medical**  
For homebound patients, the medical team will make visits to the home to examine and review the patients.  
  
The medical team may prescribe medications, carry out minor medical procedures and educate the caregivers on providing proper care, if necessary.
- **Home nursing**  
Nurses will visit the homes of patients to review the patient's medical condition, and provide caregiver training.
- **Home therapy**  
Rehabilitation services will be provided in the home environment supporting patients and their family in their recovery.

- **Respite care**  
Short-term care ranging from a few days up to a month can be organised at nursing homes, for caregivers who need additional support or a break from caring duties.

Depending on the patient and caregiver's condition and needs, the type of service recommended may differ.

Overall, the programme objectives are to:

- Build partnerships with community healthcare providers and voluntary welfare organisations.
- Provide training and resources for partners involved in the care of PD patients.
- Provide patients and caregivers support to live well with PD.

## Who is eligible?

All PD patients can sign up for care services provided under this programme.

## How to apply?

Approach your care team for details on how you may be referred to NNI's community care partners.

For enquiries, write to [ccpp@nni.com.sg](mailto:ccpp@nni.com.sg).