

# SCOPOLAMINE/HYOSCINE PATCH

## Ariel TDDS

### Patient Information Leaflet

This leaflet illustrates the proper application and use of Scopolamine/Hyoscine (Ariel TDDS) Patch.

Each 1.5mg patch release **1 mg in 72 hours**.

**DO NOT CUT** through the patch as this will destroy the membrane.



1. Remove the patch from the sachet.
2. You have been prescribed with the following dose:

1 patch = 1 mg	$\frac{3}{4}$ (three-quarter) patch = 0.75 mg	$\frac{1}{2}$ (half) patch = 0.5 mg	$\frac{1}{4}$ (one-quarter) patch = 0.25 mg
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>Remove the clear, plastic adhesive backing.</li> <li>Hold the patch by the edge so as not to touch the sticky side.</li> </ul>	Using a ballpoint pen and ruler, draw lines to divide the adhesive backing (silver side) of the patch into four quarters		
	Cut off $\frac{3}{4}$ (three-quarters) of the adhesive backing	Cut off $\frac{1}{2}$ (half) of the adhesive backing	Cut off $\frac{1}{4}$ (one-quarter) of the adhesive backing
<ul style="list-style-type: none"> <li>Press the silver-coloured sticky side of the patch (after removing the adhesive backing) firmly onto a clean, dry, hairless area of skin preferably behind the ear, or close-by.</li> <li><u>Avoid</u> areas of skin that are cut or irritated in any way.</li> </ul>			
	<ul style="list-style-type: none"> <li>Trim a piece of dressing (e.g. Tegaderm™ or Micropore™) to place over the non-sticky areas to secure the patch to the skin.</li> </ul>		
<b>To change patch after 72 hours (if applicable):</b> <ul style="list-style-type: none"> <li>Alternate sites of application i.e. between right and left ears.</li> </ul>			
<ul style="list-style-type: none"> <li>Apply a <u>new</u> patch.</li> </ul>	Move the adhesive backing and dressing to the other half of the patch	Move the adhesive backing and dressing by ONE quarter	
	<ul style="list-style-type: none"> <li>You may mark an 'X' on the used half/quarter of the patch to prevent any confusion between the used/unused portions</li> <li>When all the quarters have been used, use a new patch.</li> </ul>		

3. Do not touch the patch repeatedly as exerting pressure may possibly cause the medicine to ooze out at the edge.
4. Wash hands thoroughly after handling the patch and also the area of skin where the patch has been.
5. Fold the patch (sticky sides inwards) before discarding appropriately.

**Storage:** Store in a cool, dry place (room temperature), away from light.