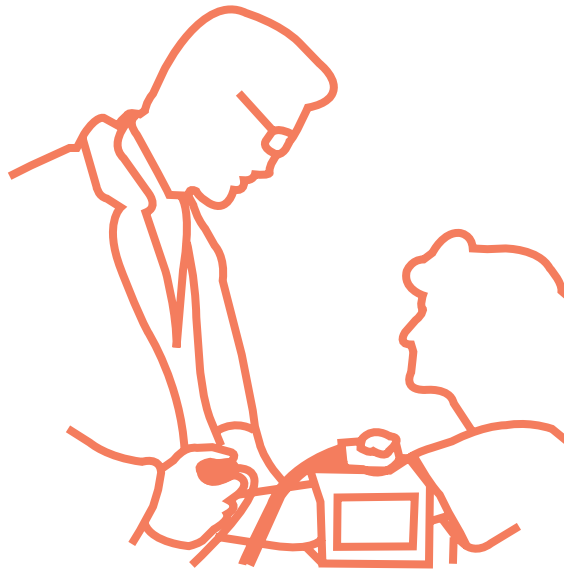


# PATIENT INFORMATION

Medicine To Treat:

**H**ypertension

*ACE (Angiotensin Converting Enzyme) Inhibitors*



### **WHAT ARE ACE-INHIBITORS USED FOR?**

The ACE-inhibitors are used to reduce the production of a substance called angiotensin II that causes the blood vessels to narrow.

### **WHAT ARE THE POSSIBLE SIDE EFFECTS OF ACE-INHIBITORS?**

The most common side effect is a dry hacking cough that is persistent and annoying. Other side effects are rare and include rash, loss of taste and lightheadedness on getting up.

### **WHAT PRECAUTIONS SHOULD I TAKE?**

If you are pregnant or planning to conceive, you should inform your doctor. The medicine should not be taken together with high doses of diuretics as this may give rise to low blood pressure. Your doctor may need to monitor you for electrolyte imbalances when you are on this medicine.

***Keep all medication out of reach of children.***

### **WHAT ARE THE COMMONLY USED ACE-INHIBITORS?**

- \* Captopril
- \* Enalapril
- \* Lisinopril

### **WHAT SHOULD I DO IF I FORGET A DOSE?**

- If you miss a dose, take the missed dose as soon as you remember. If it is almost time for your next dose, take only the usual dose. Do not double the dosage.

### **HOW SHOULD I STORE MY MEDICINE?**

- Unless instructed otherwise, store your medicines in a cool, dry place and protect them from moisture, heat and direct sunlight.
- Store medicine in the original labelled container. Do not keep different types of medicine together in one container.

*Discard all medication that is outdated or no longer required.*



Ministry Of Health



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