

SGH PARKINSON SUPPORT GROUP 2023

SATURDAY LIVE-ON-LINE

10AM TO 11:30 AM

MEETING ID: 913 6733 9222

PASSWORD: PDSG2023

CONTACT NURSE

neurocare@sgh.com.sg

Join us on Zoom!

Start off with
Group Workout
followed by
Informative Sharing
& Interaction



<p>14 January, 2023 Creative Minds and Hands</p> <p><i>Neurology Nurses</i></p>	<p>8 July, 2023 Mental Health & Adjustments in Parkinson's</p> <p><i>Mr Christopher Gabriel, Senior Principal Psychologist</i></p>
<p>11 February, 2023 Overview of Parkinson's</p> <p><i>Dr Lim Ee Wei, Neurologist</i></p>	<p>12 August, 2023 Circle of Support with Art Therapy</p> <p><i>Ms Phylaine Toh, Art Therapist</i></p>
<p>11 March, 2023 Balance and Parkinson's</p> <p><i>Physiotherapist</i></p>	<p>9 September, 2023 Be Here, Be Present, Be Happy</p> <p><i>Dr Tan Siok Bee, Advanced Practice Nurse</i></p>
<p>8 April, 2023 Knowing your Parkinson's Medications</p> <p><i>Pharmacist</i></p>	<p>14 October, 2023 Getting Out and About!</p> <p><i>Occupational Therapist</i></p>
<p>13 May, 2023 Parkinson: Sleep & Anxiety</p> <p><i>Ms Koay Way Inn, Psychologist</i></p>	<p>4 November, 2023 Your Loved One's Future Care</p> <p><i>Medical Social Worker</i></p> <p>Your Gift to Future Generations</p> <p><i>Brain Bank Singapore</i></p>
<p>10 June, 2023 Eating Well with Parkinson's</p> <p><i>Ms Joycelyn Er, Principal Dietitian</i></p>	<p>9 December, 2023 Speech & Music therapy with Parkinson's</p> <p><i>Speech & Music Therapist</i></p>

Organized by:



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Parkinson Society Singapore